

THE **EASY** way

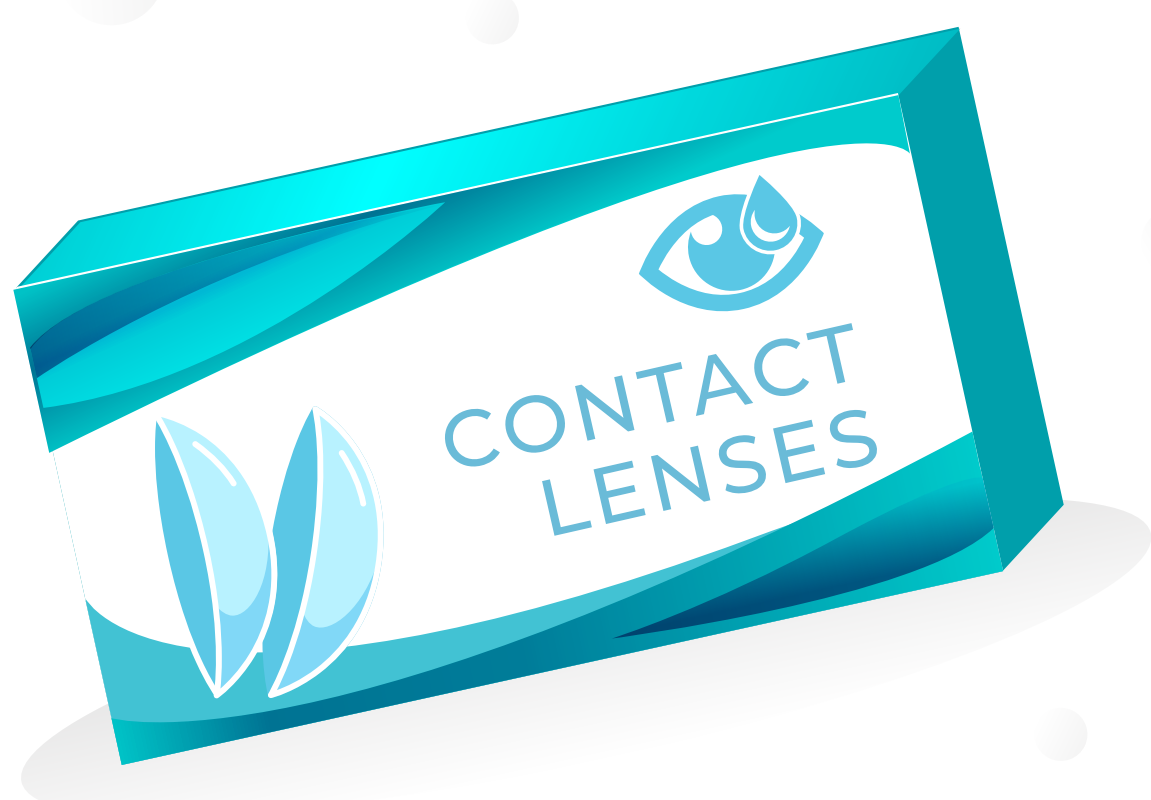
**EYES
AWARENESS
SAFETY
YOU**

Three Steps to Healthy, Comfortable Contact Lens Wear



Remember Fresher is Better.

Wear your contacts for as long as your eye care professional says, replacing them with fresh lenses on schedule. Only wear daily disposable lenses once, and always rely on new solution for reusable lens disinfection and storage. Replace your case at least every three months.



Think Clean.

Wash and dry your hands every time before touching your lenses or eyes. If you wear reusable lenses, always clean and disinfect them with each removal, and clean your case as directed. Keep your lenses and case away from any type of water, which can contain harmful microorganisms.



Trust Your Eye Doctor.

Listen to your eye care professional, who has specialized training. If you have any questions, contact their office—they care about your health and great vision.

**Visit the [EASYWayProgram.org/MyEyes](https://www.EASYWayProgram.org/MyEyes)
for more information.**



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INSTITUTE**

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